

**NORTH ANDOVER COMMUNITY PROGRAMS****Registration information****978-794-3080****Where is North Andover Community Programs?**

North Andover Community Programs is located at Central Office, 43 High St.  
North Andover, Ma. 01845 Be sure to visit us.

**Office Hours:**

North Andover Community Programs is open  
Monday – Friday 9:00AM - 5:00PM

**How to register:**

You may register in person, by mail or by fax. We accept checks and money orders only!  
No cash please. No registration is complete unless payment is received and processed

**In Person:**

You may drop off your registration form with full payment during regular office hours.  
Or when the office is closed you may slide your registration under the door.

**Mail:**

Use the registration form at the back of the newsletter and enclose a check or money  
order payable to the Town of North Andover. Please mail to:  
Community Programs, 43 High St. North Andover, Ma. 01845.

**Fax:**

Use the registration form in this newsletter and fax to 978-687-3820.  
You may mail your payment separately, but your registration will  
not be complete until we receive payment. Please be sure to write your  
child's name on the memo line of your check.

**Refunds:**

All fees are refundable if there is insufficient enrollment or unless otherwise noted.  
Please provide a copy of the cancelled check and you will be refunded within 3-4 weeks.

**Confirmation:**

Consider registration accepted unless otherwise notified. Confirming  
notification will not be given.

**Be Sure to Register Early!**

Don't wait until the last minute to register! Space is limited. At some point we need to  
determine if the enrollment is sufficient to hold the program. If you wait until the last  
minute, the class may be full or have been canceled due to lack of enrollment.

## **KIDS STOP! AFTER SCHOOL PROGRAM**

Kids Stop is an after school child care program offered to North Andover's public school elementary students in grades K – 5. Kids Stop is designed to provide the children with quality programming that meets the social, emotional and cognitive needs of each child. Activities include: Organized games and activities, daily craft projects, homework club and much more!!!

The Kids Stop After school program is available at the following locations:

<b>Sargent School:</b>	Monday - Friday 2:50PM – 6:00PM
<b>Thomson School:</b>	Monday - Friday 3:00PM – 6:00PM Franklin students are bussed to Thomson
<b>Atkinson School:</b>	Monday – Friday 2:40 – 6:00PM Kittredge students are bussed to Atkinson

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## **BREAKFAST CLUB BEFORE SCHOOL PROGRAM**

Breakfast Club is our before school child care program offered to North Andover's public school elementary students in grades K - 5. Breakfast is served daily. Children will participate in games and activities until the regular school day begins.

The Breakfast Club program is available at the following locations:

<b>Sargent School:</b>	Monday – Friday 7:00AM – 8:15AM
<b>Thomson School:</b>	Monday – Friday 7:15AM – 8:30AM
<b>Franklin School:</b>	Monday – Friday 7:00AM – 8:15AM Includes Atkinson and Kittredge Students

\*Please register in the Community Programs office for Kids Stop and Breakfast Club.

# NORTH ANDOVER'S COMMUNITY PROGRAMS



## 2009 WINTER EXCEL BROCHURE

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### Holiday Closings

\*No Excel Classes will be offered on the following dates:

January 19, 2009	No School
January 29, 2009	Early Release
February 16, 2009	Vacation
February 17, 2009	Vacation
February 18, 2009	Vacation
February 19, 2009	Vacation
February 20, 2009	Vacation
March 10, 2009	Early Release

**NORTH ANDOVER COMMUNITY PROGRAMS**REGISTRATION FORM  
PLEASE PRINT LEGIBLY

Program: \_\_\_\_\_ Program Dates: \_\_\_\_\_

Days: \_\_\_\_\_ Time: \_\_\_\_\_ Location: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Address: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_

Allergies or physical conditions to be aware of? Please explain:  
\_\_\_\_\_  
\_\_\_\_\_**\*DEADLINE FOR REGISTRATION IS JANUARY 23, 2009!!!**

I authorize the program director and staff to act in an emergency requiring medical attention. I understand that I am responsible for all hospital, laboratory and doctor's fees. My child is physically fit to participate in vigorous physical activity and I further understand neither the Town of North Andover or North Andover School District will be held responsible for accidents or illness.

Signature of Parent: \_\_\_\_\_ Date: \_\_\_\_\_

\*Please make checks and money orders payable to: Town of North Andover  
Cash will not be accepted. Registration is not considered complete until we receive payment in full. Participants should consider their registration accepted unless otherwise notified.

Total Amount Enclosed: \$ \_\_\_\_\_ Check #: \_\_\_\_\_

Community Programs  
43 High St.  
North Andover, Ma. 01845

Director, Rick Galante  
Administrative Assistant, Karen Conlon  
978-794-3080

## ELEMENTARY EXCEL PROGRAMS

### **Simple Cooking**

Learn to cook snacks, simple dishes and read measurements. Participants learn to read recipes, as well as simple cooking techniques. **\*This is not a peanut free class! 6 Weeks Only!**

Grades: K - 5  
 Location: Atkinson Café  
 Day: Thursdays  
 Dates: 2/5 – 3/19/2009  
 Time: 2:45 – 4:00PM  
 Tuition: \$75.00  
 Instructor: Ms. Casaletto

### **Home Alone**

Does your child know what to do in an emergency or if a stranger comes to the door? The American Red Cross has developed a Home Alone Program designed to teach children simple rules and procedures for responsible self care. The class will view a video, work in activity books and have a discussion concerning these very important issues. Participants will receive a certificate of completion.

Grades: 4 - 5  
 Location: Atkinson  
 Day: Wednesday  
 Date: 3/11/2009  
 Time: 2:45 – 4:45PM  
 Tuition: \$18  
 Instructor: Janet Cullinane

### **Zumba Kids!**

Zumba is a Latin-inspired, dance fitness class that incorporates Latin and International music and dance movements, which create a dynamic, exciting and effective fitness

system! This class format combines fast and slow rhythms that challenge the body in an aerobic/fitness fashion to achieve a balance of cardio and muscle toning benefits!

Grades: 3 - 5  
 Location: Atkinson Gym  
 Day: Wednesdays  
 Dates: 1/28 – 3/25/2009  
 Time: 2:45 – 3:45PM  
 Tuition: \$70.00  
 Instructor: Ms. Muldoon

### **Tornadoes and Telegraphs**

Have you ever wanted to study fossils like a paleontologist or design bridges and dams like an engineer? Have you ever wondered how tornadoes form and why volcanoes erupt? If so, this is the right course for you! This class focuses on several different and engaging science topics. Students will create projects that compliment each weeks topic and help to facilitate their own learning. Through these projects, students will investigate and build or model the properties of tornadoes, bridges, walls and dams, electric circuits, boats, fossils, water filter, volcanoes and telegraphs.

Grades: 1 - 3  
 Location: Sargent Art Room  
 Day: Tuesdays  
 Dates: 1/27 – 3/31/2009  
 Time: 3:30 – 4:45  
 Tuition: \$190  
 Instructor: KnowAtom Science

## ELEMENTARY EXCEL PROGRAMS

### Early Inventions

In this program students will have the opportunity to build and learn about early inventions that have fundamentally shaped the world around us. Students will learn how these early inventions have led inventors to experiments that helped them discover and create new technologies. Students will have the opportunity to build several of these remarkable inventions including cannon devices, block and tackle systems, motorized towers, periscopes, catapult devices, pan balances, hot air balloons, solar water heaters early pumping systems and hydraulic cranes.

Grades: 4 - 5  
 Location: Atkinson Art Room  
 Day: Fridays  
 Dates: 1/30 – 3/27/2009  
 Time: 3:30 – 4:45PM  
 Tuition: \$190  
 Instructor: KnowAtom Science

### Splat!

Get messy with us in Splat! We'll do eight art projects that use many different media – Crayons, paints, markers, pencils and collages. Kids don't need to be artists – just ready to play with color and materials.

Grades: 3 – 5  
 Location: Franklin Café  
 Day: Tuesdays  
 Dates: 2/3 – 4/7/2009  
 Time: 3:00 – 4:00PM  
 Tuition: \$95  
 Instructor: Wicked Cool For Kids

### Girls Science Club

Girls Science club proves that science can be fun. High interest hands – on projects encourage girls to become junior scientists. Typical projects

include luminescent photo frames In a CD clock with gears, lip gloss, soaps, lotions and basic electric circuits. Additionally, each week they learn about a girl who went on to become a famous scientist.

Grades: 3 - 5  
 Location: Sargent Art Room  
 Day: Wednesdays  
 Dates: 1/28 – 3/25/2009  
 Time: 3:00 – 4:00PM  
 Tuition: \$95  
 Instructor: Wicked Cool for Kids

### Gold Star Manners

Good manners are the foundation for success in a child's life. Good manners are the building blocks of character development and it provides children with the tools needed to connect with others in a positive way. Whether at home, in the classroom or on the sporting field, manners matter and children enjoy the gratifying response they get from exhibiting polite behavior. This program will teach children How to deal with difficult situations at school and other environments by enabling them to maintain positive relationships with their peers. Our approach includes classroom teaching, conversation, interaction, brainstorming and role playing.

### Session 1

Grades: K - 2  
 Location: Sargent  
 Day: Tuesdays  
 Dates: 1/27 – 3/31/2009

**ELEMENTARY EXCEL PROGRAMS**

Time: 3:00 – 3:45PM  
 Tuition: \$65  
 Instructor: Director, Gold Star Manners

**Session 2**

Grades: 3 - 5  
 Location: Sargent  
 Day: Thursdays  
 Dates: 2/5 – 4/2/2009  
 Time: 3:00 – 3:45PM  
 Tuition: \$65  
 Instructor: Director, Gold Star Manners

**Homework Club****(One hour directly after school)**

Begin this semester with a positive start. If your child needs assistance with homework Take this opportunity to help them gain self confidence in completing their homework assignments. Students are required to bring assignments each day. If homework is completed prior to the end of class, students will be required to participate in independent reading. Program is available to 4<sup>th</sup> and 5<sup>th</sup> grade students. Please note that this is not a drop in program. You must register for a specific day of the week. Space is limited!

**Thomson**: Mondays, Tuesdays and Thursdays

**Atkinson**: Mondays, Tuesdays and Thursdays

**Sargent**: Mondays, Tuesdays and Thursdays

**Kittredge**: Mondays, Tuesdays and Thursdays

**Franklin**: Mondays, Tuesdays and Thursdays

**Tuition:** \$10 (1 day), \$15 (2 days), \$20 (3 Days)  
**Dates:** 1/26 – 4/3/2009

**Ultimate Sports**

Join in the action! A variety of energy filled games are waiting for you! Class limit 35 students.

Grades: 3 – 5  
 Location: Sargent Gym  
 Day: Mondays  
 Dates: 1/26 – 3/23/2009  
 Time: 2:50 – 4:00PM  
 Tuition: \$70.00  
 Instructor: Ms. Kodys

**Ultimate Sports**

Join in the Action! A variety of Energy filled games are waiting for you! Class limit 45 Students

Grades: K - 2  
 Location: Sargent Gym  
 Days: Tuesdays  
 Dates: 1/27 – 3/31/2009  
 Time: 2:50 – 4:00PM  
 Tuition: \$70.00  
 Instructor: Ms. Kodys

**Crazy Mixed Up Basketball and Soccer**

Join this exciting non – stop action packed sport! A combination of basketball and soccer skills make up this ultimate heart pounding game. T-Shirts and trophies to all participants. Class limit 35.

Grades: 3 - 5  
 Location: Sargent Gym  
 Day: Thursdays  
 Dates: 2/5 – 4/2/2009  
 Time: 2:50 – 4:00PM  
 Tuition: \$80.00  
 Instructor: Ms. Kodys

## ELEMENTARY EXCEL PROGRAMS

### **Thomson Tigers Team Sports**

Organized Team games filled with tons of fun! Participate in activities that will increase confidence and teamwork!

#### **Session 1**

Grades: K - 2  
 Location: Thomson Gym  
 Day: Tuesdays  
 Dates: 1/27 – 3/31/2009  
 Time: 3:00 – 4:00PM  
 Tuition: \$70.00  
 Instructor: Ms. Biery

#### **Session 2**

Grades: 3 - 5  
 Location: Thomson Gym  
 Day: Thursdays  
 Dates: 2/5 – 4/2/2009  
 Time: 3:00 – 4:00PM  
 Tuition: \$70.00  
 Instructor: Ms. Biery

### **Kittredge Kangaroos**

Participate in a variety of high energy organized gym games! Ditch the video games and join this action packed gym program!

Grades: K – 5  
 Location: Kittredge  
 Day: Mondays  
 Dates: 1/26 – 3/23/2009  
 Time: 2:50 – 4:00PM  
 Tuition: \$70.00  
 Instructor: Mr. Wood

### **Hip – Hop and More**

Music and movement create a positive environment that fosters confidence and self – esteem. Fundamental sports skills and varied dance techniques are incorporated into daily classes to make the learning process more exciting. All participants will have the opportunity to participate in a hip - hop dance performance in the Spring

#### **Session 1**

Grades: 2 - 5  
 Location: Franklin Gym  
 Day: Fridays  
 Dates: 1/30 – 3/27/2009  
 Time: 2:50 – 4:00PM  
 Tuition: \$70.00  
 Instructor: Ms. Munoz

#### **Session 2**

Grades: K - 1  
 Location: Franklin Gym  
 Day: Tuesdays  
 Dates: 2/10 – 4/14/2009  
 Time: 2:50 – 4:00PM  
 Tuition: \$70.00  
 Instructor: Ms. Munoz

#### **Session 3**

Grades: K - 5  
 Location: Thomson Gym  
 Day: Wednesdays  
 Dates: 1/28 – 3/25/2009  
 Time: 3:00 – 4:00PM  
 Tuition: \$70.00  
 Instructor: Ms. Munoz

## ELEMENTARY EXCEL PROGRAMS

### Wonderful Winter Crafts

Come to 8 weeks of winter themed crafts! All projects offered will be appropriate for both boys and girls. Projects will include sparkly snowflakes, winter jewelry, snowman art and other fun crafts! All participants should bring a snack and drink for a short break. Class will be held in room 2A

Grades: 1 - 5  
 Location: Kittredge  
 Day: Mondays  
 Dates: 1/26 – 3/23/2009  
 Time: 3:00 – 4:00PM  
 Tuition: \$70.00  
 Instructor: Ms. Haley and Ms. Rottler

### Beginner Scrapbooking

Do you have a box of pictures from summer vacation, a special trip. last school year and don't know what to do with them? Do you love crafts and want to try something new? If you answered yes to any of the above, then our scrapbooking class is for you! In beginner scrapbooking, we will help you turn your photos and other memories into a beautiful scrapbook you can treasure forever!

Grades: 2 – 5  
 Location: Kittredge  
 Day: Tuesdays  
 Date: 1/27 – 3/31/2009  
 Time: 2:50 – 4:00PM  
 Tuition: \$70.00  
 Instructor: Ms. Coelho and Ms. Means

### PE Plus

Organized group games! Fun, fitness friendship! Get of the couch and join

this action packed class full of all your favorite gym games! Class limit 35.

Grades: 2 - 5  
 Location: Franklin Gym  
 Day: Mondays  
 Dates: 1/26 – 3/23/2009  
 Time: 3:00 – 4:00PM  
 Tuition: \$70.00  
 Instructor: Ms. Peters

### Yoga

Hathya yoga classes enable children to learn to connect and balance their body, mind and emotions in a fun and creative way. Practice of yoga keeps the body strong, flexible, correct posture, improve balance and incorporates disciplines that help to develop concentration.

Grades: K - 5  
 Location: Franklin Gym  
 Day: Wednesdays  
 Dates: 1/28 – 3/25/2009  
 Time: 3:00 – 4:00PM  
 Tuition: \$70.00  
 Instructor: Ms. Kathuria

### After School Arts and Crafts

Students will participate in creating a variety of age appropriate crafts using various media such as paper, paint and clay. Holiday themed crafts will include Valentine's Day and St. Patrick's Day. Class Limit 15

Grades: 1 - 3  
 Location: Thomson  
 Day: Thursdays  
 Dates: 2/5 – 4/2/2009  
 Time: 3:00 – 4:00PM  
 Tuition: \$70.00  
 Instructor: Ms. Waldron

## MIDDLE SCHOOL EXCEL PROGRAMS

### Home Alone

Does your child know what to do in an emergency or if a stranger comes to the door? The American Red Cross has developed a Home Alone Program designed to teach children simple rules and procedures for responsible self care. The class will view a video, work in activity books and have a discussion concerning these very important issues. Participants will receive a certificate of completion.

Grades: 6 – 7  
 Location: Middle School Library  
 Day: Tuesday  
 Date: 2/3/2009  
 Time: 2:15 – 4:15PM  
 Tuition: \$18  
 Instructor: Janet Cullinane

### Yoga

Hatha yoga classes enable children to learn to connect and balance their body, mind and emotions in a fun and creative way. Practice of yoga keeps the body strong, flexible, correct posture, improve balance and incorporates disciplines that help to develop concentration

Grades: 6 – 8  
 Location: Middle School Café  
 Day: Thursdays  
 Dates: 2/5 – 4/2/2009  
 Time: 2:15 – 3:15PM  
 Tuition: \$70.00  
 Instructor: Ms. Kathuria

### Zumba Kids

Zumba is a Latin-inspired, dance fitness class that incorporates Latin and International music and dance movements, which create a dynamic, exciting and effective fitness

system! This class format combines fast and slow rhythms that challenge the body in an aerobic/fitness fashion to achieve a balance of cardio and muscle toning benefits!

Grades: 6 - 8  
 Location: Middle School Cafe  
 Day: Tuesdays  
 Dates: 1/27 – 3/31/2009  
 Time: 2:15 – 3:15PM  
 Tuition: \$70.00  
 Instructor: Gina Muldoon

### Homework Club

Begin this semester with a positive start. If your child needs assistance with homework take this opportunity to help them gain self confidence in completing their homework assignments. Students are required to bring assignments each day. Homework club is available to all 6 – 8<sup>th</sup> grade students. Please note that this is not a drop in program. You must register for a specific day of the week.

### Mondays, Tuesdays and Thursdays

Tuition: \$10(1 Day), \$15(2 Days), \$20(3 Days)  
 Time: 2:15 – 3:15

### Executive Skills Training

Students will build study habits, such as task initiation and follow through, planning, organization and time management skills. Participants will also practice breaking down long term assignments into smaller, manageable chunks and increase ability to estimate and allocate time in regard to deadlines. Tuesdays!

Grades: 7 - 8  
 Location: Middle School  
 Dates: 1/27 – 3/31/09  
 Tuition: \$15