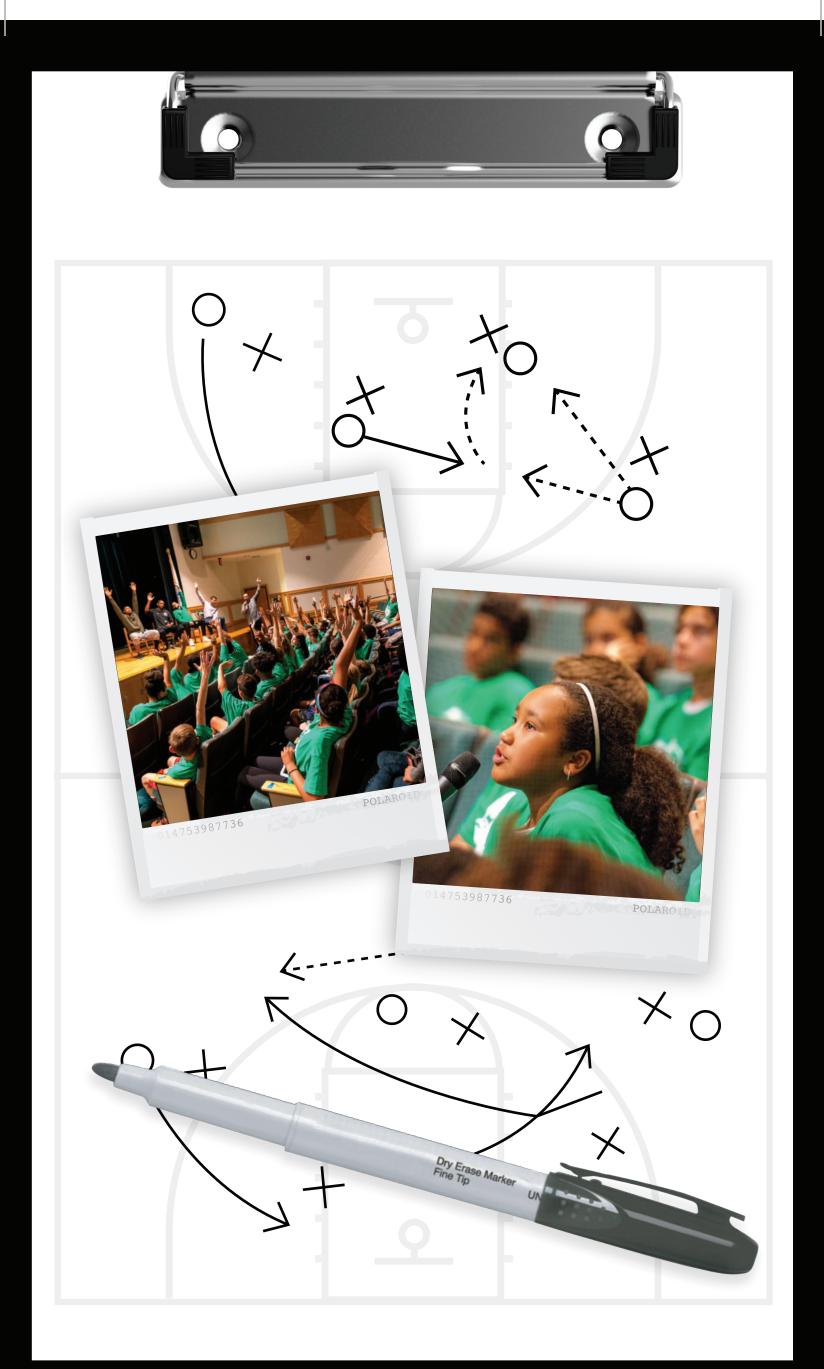


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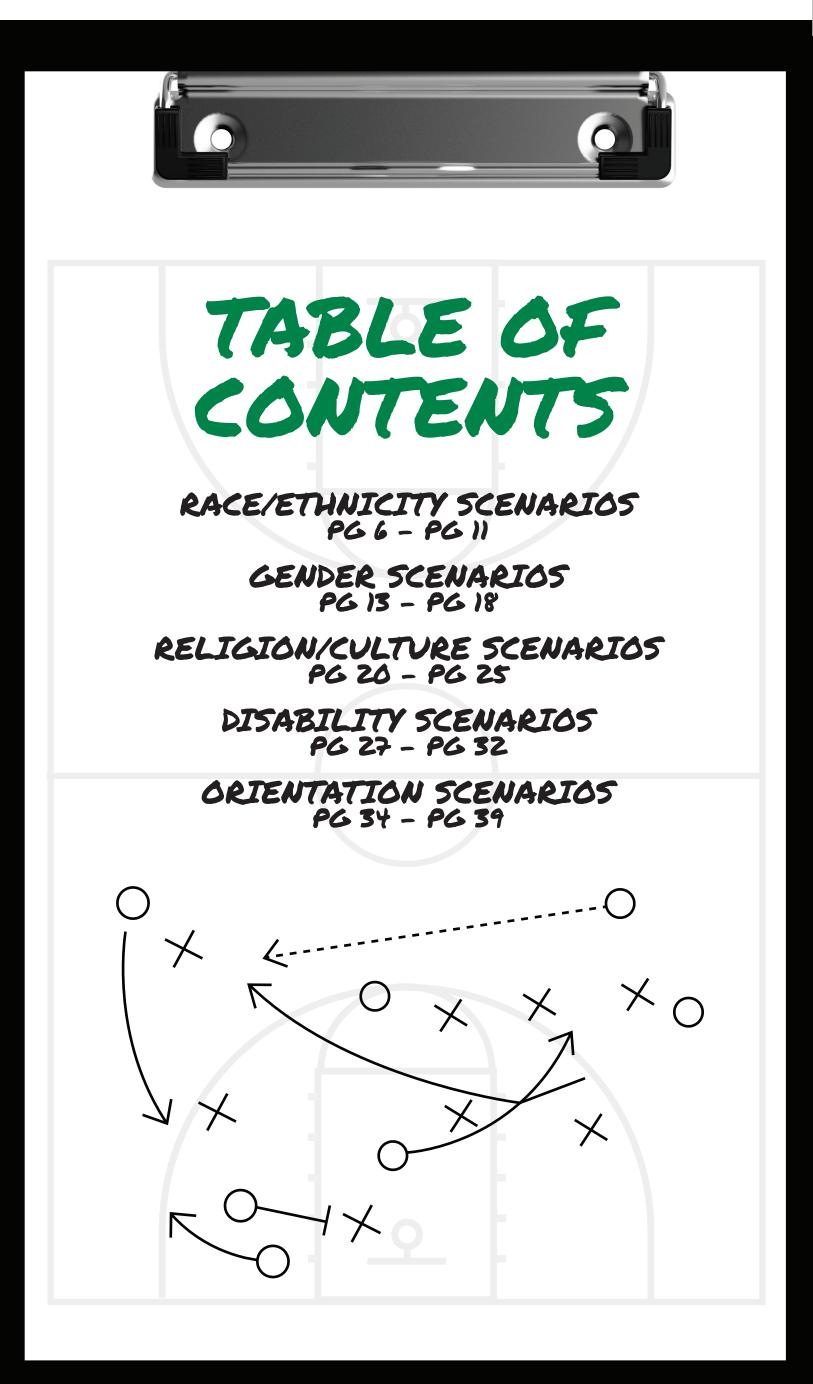


## INTRODUCTION + DESCRIPTION

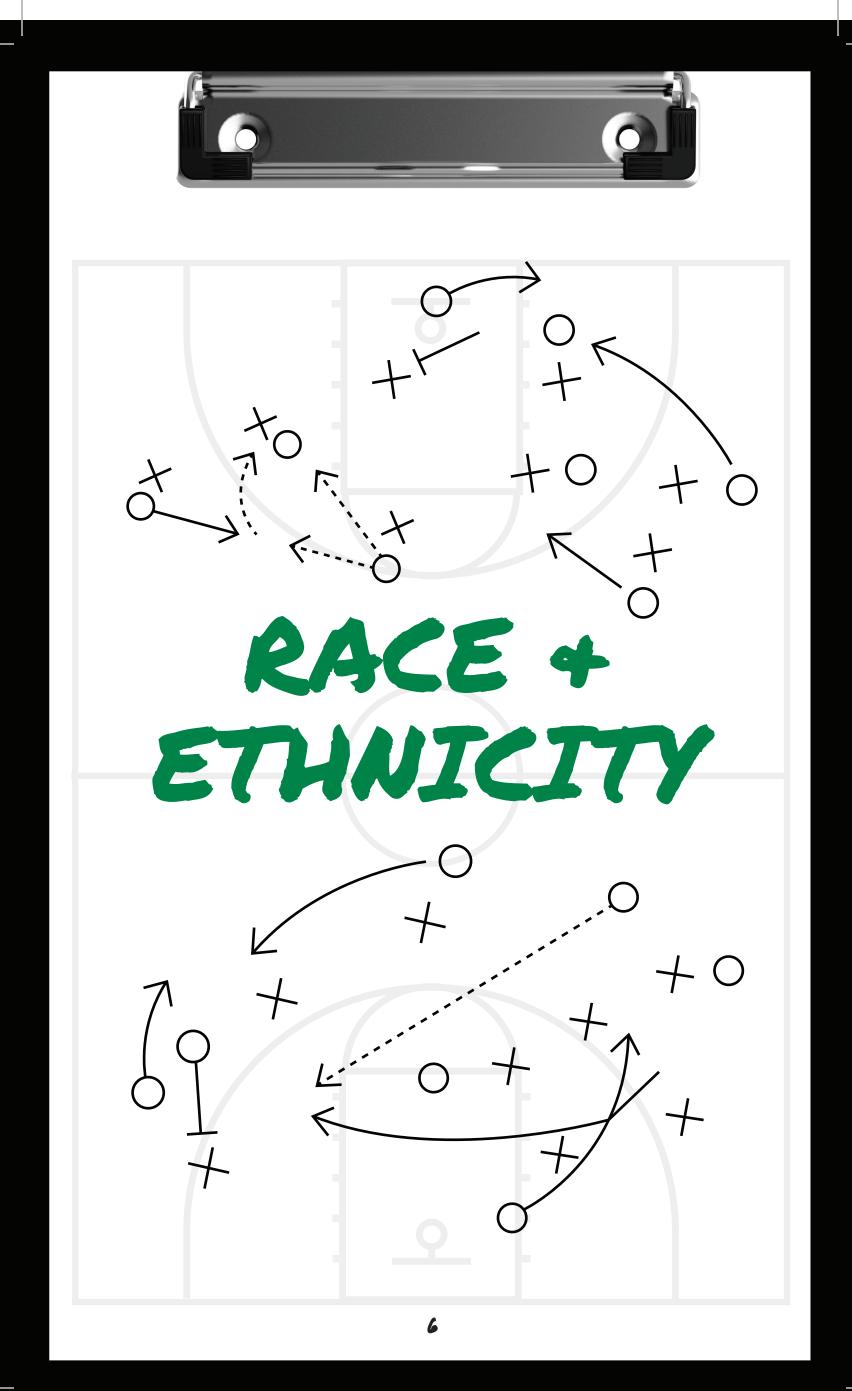
PART OF THE OFF-COURT LEGACY LEFT BEHIND BY THE 2016-17 BOSTON CELTICS TEAM, THE PLAYBOOK INITIATIVE SEEKS TO LEVERAGE THE POWER OF SPORT AND MORE SPECIFICALLY THE APPEAL OF THE CELTICS TO ENGAGE MIDDLE SCHOOLERS ON CRITICAL AND PLAGUING SOCIETAL ISSUES. BRINGING TOGETHER STUDENTS FROM VASTLY DIFFERENT, YET CLOSE GEOGRAPHICAL COMMUNITIES, THE PROGRAM FEATURES A SERIES OF WORKSHOPS ON TOPICS RELATED TO RACE/ETHNICITY, GENDER, RELIGION/CULTURE, DISABILITY AND ORIENTATION.

IN 2017-18, HAND SELECTED STUDENT LEADERS FROM LAWRENCE, MASSACHUSETTS' WETHERBEE SCHOOL AND THE NORTH ANDOVER MIDDLE SCHOOL (MA) WERE IMMERSED IN A CURRICULUM WHICH RESULTED IN THE CREATION OF THIS PLAYBOOK AMONG OTHER ELEMENTS. STUDENTS WERE INITIALLY INTRODUCED TO THE CONCEPT OF PREPARING FOR DIFFICULT SOCIAL SITUATIONS, A LA "STUDYING A PLAYBOOK", AT A LAUNCH EVENT FEATURING MEMBERS OF THE CELTICS ROSTER AND COACHING STAFF. IN SHORT, IF IT IS POSSIBLE TO PREPARE FOR "GAME SITUATIONS" IN ATHLETIC COMPETITION BY STUDYING AND PRACTICING "PLAYS". THEN THE SAME HOLDS TRUE FOR SOCIAL SITUATIONS AS IT RELATES TO CONFRONTING BIAS AND DISCRIMINATION. OVER THE COURSE OF SEVERAL WORKSHOPS, THE STUDENTS WORKED TOGETHER, CROSS-SCHOOL, TO AUTHOR AND EDIT THEIR OWN SOCIAL SCENARIOS RELATING TO DAILY DISCRIMINATION AND/OR BIAS.

THE FOLLOWING SCENARIOS ARE STUDENT AUTHORED, EDITED AND INSPIRED. ACCORDING TO THE STUDENTS WHO CREATED THEM, THESE SITUATION ARE REALISTIC AND RELEVANT. OUR COLLECTIVE HOPE IS THAT BY STUDYING THIS PLAYBOOK, EITHER INDIVIDUALLY OR IN LARGE OR SMALL GROUPS, STUDENTS WILL BE MORE EQUIPPED TO INTERVENE IN SAFE YET EFFECTIVE WAYS WHEN THEY WITNESS INJUSTICE.











WHEN YOU ARE WAITING FOR THE BUS TO PICK YOU UP FROM SCHOOL, YOU OVERHEAR SOME STUDENTS TELLING ANOTHER KID THAT THEY ARE AN "OREO" (SOMEONE WHO IS "BLACK" ON THE OUTSIDE BUT "ACTS WHITE"). THE STUDENT LAUGHS UNCOMFORTABLY BUT THEN GETS REALLY QUIET. YOU AND THE KID KNOW EACH OTHER BUT YOU HAVEN'T REALLY BECOME FRIENDS YET. YOU USED TO BE CLOSER FRIENDS WITH THE KIDS WHO CALLED THE STUDENT THE NAME BUT YOU HAVE SORT OF GROWN APART OVER THE LAST FEW YEARS.

#### DISCUSSION QUESTIONS

- · WHAT DOES "ACTING BLACK" AND "ACTING WHITE" MEAN?
- IS THERE SUCH A THING AS ACTING LIKE ANOTHER RACE?
- WHAT LONG TERM IMPACT MIGHT THIS HAVE ON THE STUDENT BEING CALLED AN "OREO"?
  - WHERE DO YOU THINK PEOPLE LEARN HOW TO "ACT BLACK", "ACT WHITE" OR ANY OTHER RACE?
    - WHAT SHOULD YOU DO AS A BYSTANDER?

#### INTERVENTION OPTIONS

- TELL THE KID HE/SHE CAN ACT HOWEVER HE/SHE WANTS
- TELL THE KIDS WHO ARE CALLING HIM/HER THE NAME TO STOP
- TELL AN ADULT SO THEY CAN FOLLOW UP WITH ALL OF THE KIDS
  - · CAUSE A DISTRACTION SO PEOPLE MOVE ONTO ANOTHER TOPIC





YOU AND SOME FRIENDS ARE WATCHING YOUTUBE "ANIME" VIDEOS. ONE OF THE VIDEOS HAS SUBTITLES IN WHAT APPEARS TO BE JAPANESE. YOUR FRIEND JACKIE ASKS YOUR OTHER FRIEND LEE WHAT THE SUBTITLES SAY. LEE SAYS "I DON'T KNOW, I'M VIETNAMESE, NOT JAPANESE"! EVERYONE LAUGHS UNTIL JACKIE SAYS "IT'S BASICALLY THE SAME THING".

#### DISCUSSION QUESTIONS

- DO PEOPLE OFTEN LUMP ASIAN CULTURES AND LANGUAGES INTO ONE? WHY?
  - IS THIS A "HARMLESS" STEREOTYPE?
- WHAT HARM COULD COME FROM MAKING THIS KIND OF STATEMENT?
  - CAN YOU IMAGINE SOMEONE SAYING THE USA AND CHINA ARE THE SAME THING?
    - WHAT SHOULD YOU DO AS A BYSTANDER?

- MAKE A SARCASTIC COMMENT SHOWING HOW FOOLISH THAT STATEMENT SOUNDS
- ASK THE KID MORE ABOUT VIETNAMESE CULTURE/LANGUAGE TO HIGHLIGHT THE DIFFERENCE
- TELL LEE YOU KNOW THE DIFFERENCE IN FRONT OF JACKIE SO JACKIE FEELS SELF CONSCIOUS
  - · CHANGE THE SUBJECT/VIDED
    - · PERSONAL OPTION





You are on a traveling soccer team that competes in tournaments all over the state. You're team happens to have a lot of Spanish-speaking players on it and you are playing against a team of players of mostly one race. When you are throwing the Ball into play from the sideline during the Znd half, you overhear a parent of the opposing team say "cmon, team you can beat these puerto Rican Kids". You look around to see if anyone else heard but it doesn't look like they did. You are offended because your teammates and their families are from a whole bunch of different countries, not solely from Puerto Rico and also because you don't see why calling out the ethnicity matters anyways.

#### DISCUSSION QUESTIONS

• Is it fair to make assumptions of where people are from Based on their race or language?

- WHAT HARM COULD COME FROM MAKING THOSE ASSUMPTIONS?
- WHAT DO YOU THINK THE PARENT WAS SUGGESTING WHEN THEY SAID "YOU CAN BEAT THESE PUERTO RICANS"?
  - WHY MIGHT SOMEONE BE OFFENDED IF THE COMMENTS WEREN'T EVEN DIRECTED AT THEM?
    - WHAT SHOULD YOU DO AS A BYSTANDER?

- TELL YOUR COACH
- TELL YOUR TEAMMATES WHAT THE PARENT SAID
- GO OVER TO THAT PARENT AND TELL THEM WHAT THEY SAID IS OFFENSIVE
  - TELL A REFEREE
  - PERSONAL OPTION





A BUNCH OF YOUR FRIENDS GET TOGETHER OVER THE WEEKEND AT THE PIZZA SHOP IN TOWN. EVERYONE IS HAVING FUN, EATING PIZZA ETC. WHEN ONE OF YOUR FRIENDS PULLS OUT THEIR PHONE AND STARTS READING "RACIAL JOKES" FROM A SOCIAL MEDIA POST. THEY SEEM PRETTY HARMLESS AT FIRST AND EVERYONE APPEARS TO BE LAUGHING. THEN YOUR FRIEND READS ONE ABOUT A KID WHO IS MIXED RACE. EVERYONE LAUGHS UNTIL YOU ALL LOOK AROUND THE RESTAURANT AND SEE A MULTI-RACIAL FAMILY EATING PIZZA BEHIND YOU. ITS CLEAR THEY HEARD THE JOKE.

#### DISCUSSION QUESTIONS

• CAN JOKES BE BOTH "HARMLESS" AND OFFENSIVE AT THE SAME TIME?

- WHY WAS IT FUNNY UNTIL YOU SAW THE MULTI-RACIAL FAMILY?
  - HOW CAN JOKES LEAD TO SOMEONE BECOMING BIAS?
- IF YOUR FRIEND SAW THE MULTI-RACIAL FAMILY BEFORE TELLING THE LAST JOKE, DO YOU THINK THEY STILL WOULD HAVE SAID IT?
  - WHAT SHOULD YOU DO AS A BYSTANDER?

#### INTERVENTION OPTIONS

- · APOLOGIZE TO THE FAMILY ON BEHALF OF YOUR FRIENDS
- GET ALL OF YOUR FRIENDS TO APOLOGIZE TO THE FAMILY
- NEXT TIME SOMEONE IS TELLING RACIAL JOKES, ASK THEM TO STOP BEFORE IT GOES TOO FAR
- Ask your friends how they felt about the situation later on





YOUR FRIEND JUST GOT A NEW PHONE THAT HAS AN AWESOME VIDEO CAMERA. DURING SCHOOL VACATION WEEK, YOU ALL DECIDE YOU'RE GOING TO SHOOT A MINI MOVIE AND POST IT ON YOUTUBE. AS YOU ARE DECIDING WHAT KIND OF CHARACTERS EVERYONE IS GOING TO PLAY IN THE MOVIE, ONE OF YOUR FRIENDS SUGGESTS EVERYONE PLAYS CHARACTERS BASED ON STEREOTYPES ABOUT WHAT THEY LOOK LIKE. "THAT WAY THE MOVIE WILL BE BELIEVABLE" SAYS YOUR FRIEND. AS YOU LOOK AT YOUR FRIENDS, YOU REALIZE SOME STEREOTYPES OF THE GROUP MAY BE FLATTERING AND SOME MAY BE OFFENSIVE.

#### DISCUSSION QUESTIONS

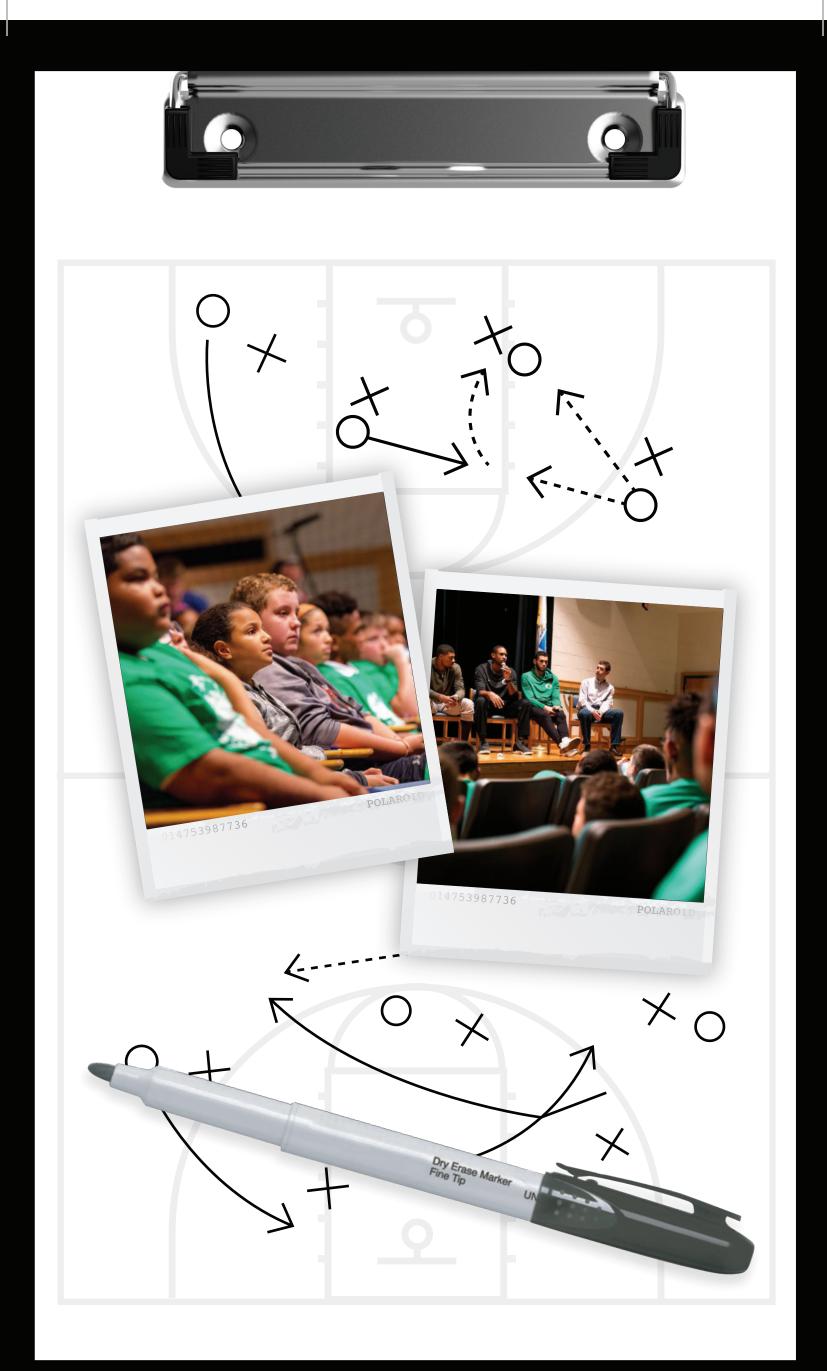
- WHAT ARE SOME STEREOTYPES ABOUT DIFFERENT RACES?
- IS THERE SUCH THING AS A "FLATTERING" STEREOTYPE?
- WHERE DO WE LEARN STEREOTYPES FROM AND WHEN DO WE LEARN THEM?

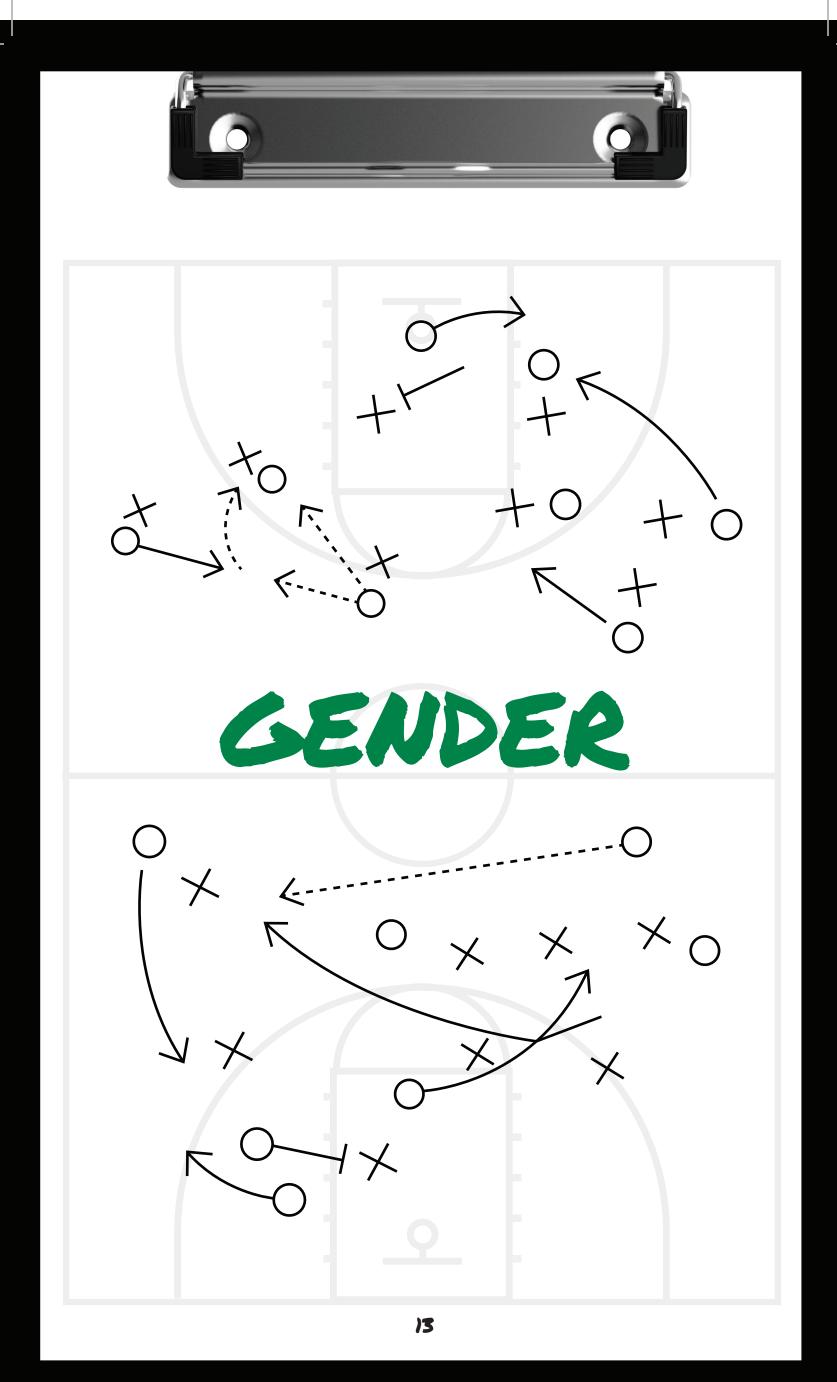
• DO YOU OFTEN SEE STEREOTYPES IN MOVIES AND TV SHOWS? HOW MIGHT THEY BE HARMFUL?

• WHAT SHOULD YOU DO AS A BYSTANDER?

#### INTERVENTION OPTIONS

- · TELL THE GROUP YOU DON'T THINK THAT'S A GOOD IDEA
- ASK A FEW OF YOUR FRIENDS QUIETLY IF THEY ARE COMFORTABLE WITH THE IDEA
- SUGGEST TO MAKE A MOVIE ABOUT HOW HARMFUL STEREOTYPES CAN BE
- As the group if they want to do something else instead









We decided to play soccer after school one day. In order to make the teams fair, we picked captains and then had them draft players for their teams. The last 4 players to be drafted were the only 4 girls playing. Once the game started, you pass the ball to one of the girls on your team. She ends up kicking it out of bounds and your team captain comes over and tells you not to pass to her. A little while later, one of the girls scored a goal and your team captain shouted "wow, lucky goal". The girl asked the captain why he was being so mean and he said because he didn't want girls playing with them. All 4 girls decided to walk away from the game because they didn't feel welcomed on the field.

#### DISCUSSION QUESTIONS

• DO YOU THINK IT TOOK COURAGE FOR THE GIRLS TO PLAY WITH THE BOYS?

• DO YOU THINK GIRLS OFTEN GET TREATED THIS WAY BY BOYS?

• WHERE DO BOYS LEARN BEHAVIOR LIKE THIS?

• WHAT LONG TERM IMPACT MIGHT HAPPEN TO THE GIRLS IF THEY GET TREATED THIS WAY A LOT? WHAT ABOUT TO THE BOYS?

• WHAT SHOULD YOU DO AS A BYSTANDER?

### INTERVENTION OPTIONS

- · GRAB A FEW FRIENDS AND INVITE THE GIRLS BACK
- MAKE NEW TEAMS WHERE ALL Y GIRLS CAN PLAY TOGETHER
- TELL THE CAPTAIN OF YOUR TEAM HE SHOULD EASE UP A BIT
- The Next day ask the Girls what they would have wanted you to do





YOU ARE WATCHING YOUR SCHOOL'S TRACK MEET AGAINST A RIVAL SCHOOL. YOUR SCHOOL IS DOMINATING THE MEET AND YOUR FRIENDS BEGIN TO MAKE FUN OF THE RUNNERS FROM THE OTHER SCHOOL. YOUR FRIEND SAYS "THAT KID IS SO SLOW, HE RUNS LIKE A GIRL". ANOTHER FRIENDS RESPONDS, "YEA HE'S PROBABLY WORRIED ABOUT BREAKING A NAIL". YOU SEE WHO THEY ARE TALKING ABOUT, AND THEY DEFINITE-LY AREN'T THE FASTEST RUNNER, BUT ITS SEEMS UNNECESSARY TO PICK ON HIM, LET ALONE DO IT IN THAT MANNER.

#### DISCUSSION QUESTIONS

• CAN THOSE TYPES OF COMMENTS BE HARMFUL EVEN IF THE TARGETED KID DOESN'T HEAR THEM?

- ARE YOUR FRIENDS MAKING COMPLIMENTS OR INSULTS?
- WHAT LONG TERM EFFECTS COULD COME FROM THE COMMENTS?
- WHAT MESSAGE DO THE COMMENTS SEND TO GIRLS? HOW ABOUT TO BOYS?
  - WHAT SHOULD YOU DO AS A BYSTANDER?

- · ASK YOUR FRIENDS TO STOP
- · WAIT UNTIL LATER AND TALK TO YOUR FRIENDS ONE ON ONE
  - · MAKE FUN OF YOUR FRIENDS TO CAUSE A DISTRACTION
    - · CHANGE THE SUBJECT
      - · PERSONAL OPTION





You and some friends are at a field playing football. You have an odd number of players, so you ask some of the boys playing basketball if they want to play. They all say "no". There are a group of girls playing soccer nearby and they ask to play. "NO"! One of your friends says. "Football is a guys sport. Go do dancing or cheerleading instead". The girls get discouraged and walk away. As you watch them go back to playing soccer, they look pretty athletic and think to yourself that they are probably pretty good football players too.

#### DISCUSSION QUESTIONS

• WHY ARE YOUR FRIENDS SO SERIOUS ABOUT BOYS ONLY BEING ALLOWED TO PLAY?

- WHAT MESSAGE MIGHT THIS SEND TO THE GIRLS?
- WHAT MESSAGE MIGHT THIS SEND TO THE OTHER BOYS?
- ARE THERE CERTAIN ACTIVITIES AND INTERESTS SOCIETY SAYS GIRLS ARE SUPPOSED TO HAVE? HOW ABOUT BOYS?
  - WHAT SHOULD YOU DO AS A BYSTANDER?

## INTERVENTION OPTIONS

- · IGNORE YOUR FRIEND AND INVITE THE GIRLS BACK TO PLAY
- Show your Friend that the Girls Look Like they are good At soccer
- · DECIDE NOT TO PLAY FOOTBALL AND GO PLAY SOCCER WITH THE GIRLS

· TALK TO YOUR FRIEND AFTER THE FOOTBALL GAME





YOU AND YOUR FRIENDS ARE WATCHING TV AT YOUR HOUSE WHEN A COMMERCIAL FOR THE NIGHTLY NEWS COMES ON. THE LEAD STORY IS ONE IN WHICH A LOCAL KID WHO IS TRANSGENDER GOT BEAT UP REALLY BADLY. YOUR FRIEND JESSE SAYS, "TRANSGENDER PEOPLE ARE WEIRD".

### DISCUSSION QUESTIONS

- · WHAT DO YOU THINK JESSE MEANT BY "WEIRD"?
- DO YOU THINK TRANSGENDER PEOPLE ARE MORE LIKELY TO GET PHYSICALLY OR VERBALLY ASSUALTED THAN THOSE THAT AREN'T?
- DO YOU THINK THE WORLD IS STARTING TO BE MORE ACCEPTING OF TRANSGENDER PEOPLE? WHAT WOULD HELP TO MAKE IT MORE ACCEPTING?
  - WHY WOULD PEOPLE FEEL THE NEED TO HARM SOMEONE WHO WAS TRANSGENDER?
    - · WHAT SHOULD YOU DO AS A BYSTANDER?

#### INTERVENTION OPTIONS

- ASK YOUR FRIEND WHAT THEY MEANT BY "WEIRD"
- COMMENT THAT ITS HORRIBLE THAT SOMEONE GOT BEAT UP FOR BEING THEMSELVES
- RESEARCH SOME STATISTICS ABOUT VIOLENCE AGAINST TRANSGENDER PEOPLE AND TELL FRIENDS
  - ASK FRIENDS IF THEY KNOW ANYONE WHO IS TRANSGENDER





YOU ARE AT A FRIENDS HOUSE WITH A BUNCH OF PEOPLE HANGING OUT AND HAVING FUN. THE LITTLE BROTHER OF YOUR FRIEND COMES INTO THE ROOM WITH A TOY THAT HE LOVES PLAYING WITH. ONE OF THE KIDS AT THE HOUSE SAYS "WHY ARE YOU PLAYING WITH THOSE GIRLIE TOYS, YOU SHOULD BE PLAYING WITH ACTION FIGURES AND TOY GUNS"?! THE LITTLE BROTHER GETS EMBARRASSED AND RUNS AWAY.

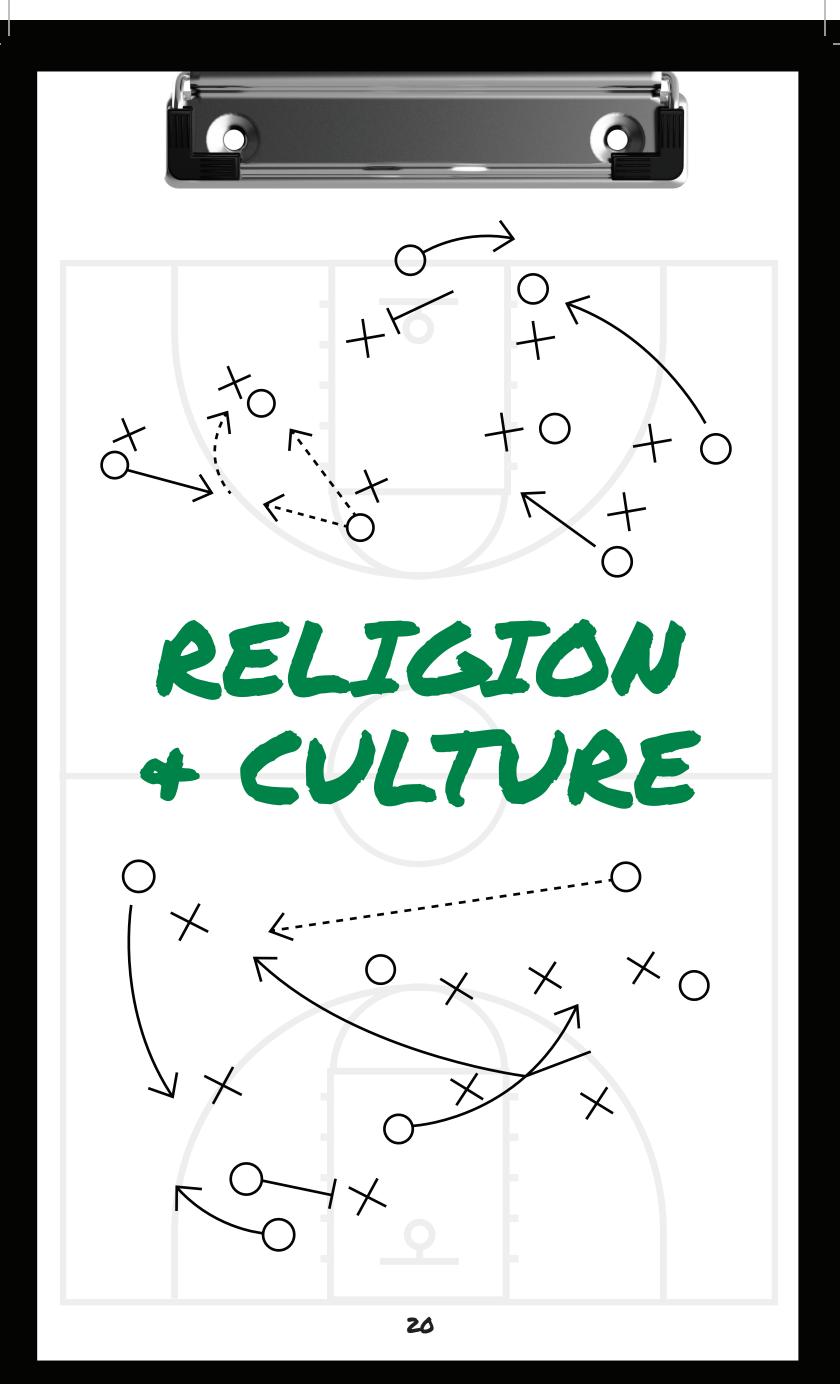
#### DISCUSSION QUESTIONS

- DO YOU THINK KIDS SHOULD ONLY PLAY WITH CERTAIN TOYS BASED ON THEIR GENDER?
  - WHAT MIGHT BE THE LONG-TERM EFFECTS OF THE BROTHER HEARING COMMENTS LIKE THAT A LOT?
- WHAT MESSAGES DO LITTLE KIDS GET AT A YOUNG AGE ABOUT WHAT THEY SHOULD AND SHOULDN'T BE DOING BASED ON THEIR GENDER?
  - WHERE DO THEY GET THOSE MESSAGES FROM?
    - WHAT SHOULD YOU DO AS A BYSTANDER?

#### INTERVENTION OPTIONS

- · INVITE THE BROTHER BACK IN AND PLAY WITH HIM
- TELL THE FRIEND WHO MADE THE COMMENT TO STOP
- ASK THE FRIEND WHO'S HOUSE IT IS TO MAKE SURE THE BROTHER IS OK
- GO AND FIND THE LITTLE BROTHER AND ASK HIM IF HE WANTS TO PLAY IN A DIFFERENT ROOM WITH YOU









YOUR TEACHER ASSIGNED YOU TO A WORK GROUP WITH 3 OTHER STUDENTS. YOU ARE TASKED WITH PUTTING TOGETHER A PRESENTATION OF A BOOK THE CLASS IS READING AND IT IS DUE ON MONDAY. AS A RESULT, YOU AND YOUR GROUP WILL NEED TO WORK ON IT OVER THE WEEKEND. A FEW MEMBERS OF THE GROUP HAVE A SOCCER GAME ON SUNDAY SO THEY ASK TO GET TOGETHER ON SATURDAY. THAT WORKS FOR EVERYONE EXCEPT ONE STUDENT, JORDAN, AS THEIR RELIGION DOESN'T ALLOW THEM TO WORK ON SATURDAYS. ONE OF THE STUDENTS IN YOUR GROUP GRUNTS AND SAYS "JUST BREAK THE RULES, WE HAVE TO GET THIS PROJECT DONE". JORDAN STARTS TO GET EMBARRASSED BUT NOBODY IS SAYING ANYTHING.

#### DISCUSSION QUESTIONS

• WHY WOULD THE STUDENTS THINK THEIR SCHEDULES ARE MORE IMPORTANT THAN JORDAN'S?

- HOW WOULD YOU FEEL IF SOMEONE WAS MAKING LIGHT OF YOUR RELIGIOUS CUSTOMS?
- DO YOU THINK THE STUDENT WOULD HAVE SAID THE SAME THING IF IT WAS A MORE MAINSTREAM HOLIDAY LIKE CHRISTMAS?
- WHAT DO YOU THINK THE TEACHER WOULD SAY IF THEY OVERHEARD?
  - WHAT SHOULD YOU DO AS A BYSTANDER?

- · Offer to meet with Jordan on Sunday
- TELL THE GROUP THAT WE SHOULD RESPECT THE CUSTOMS AND FIND ANOTHER TIME
  - · EXPLAIN TO THE TEACHER AND ASK FOR AN EXTENSION
    - · Ask Jordan to switch work groups
      - · PERSONAL OPTION





TWO OF YOUR FRIENDS CATCH A GLIMPSE OF A NEW CLASS-MATE'S TEST SCORE AND START LAUGHING. "HA HA! A THIRD GRADER IS SMARTER THAN THIS KID" YOU OVERHEAR ONE FRIEND SAY. "HE'S SO DUMB!" SAID ANOTHER ONE. YOU DON'T KNOW THE STUDENT THAT WELL BUT YOU KNOW HE IS NOT ONLY NEW TO THE SCHOOL, BUT ALSO JUST MOVED TO THIS COUNTRY AND DOESN'T SPEAK ENGLISH VERY WELL. AS YOUR FRIENDS MOCK THE BOY BEHIND HIS BACK, YOU CAN TELL THE BOY UNDERSTANDS WHAT IS GOING ON AND IS GETTING UPSET. YOU BECOME UNCOMFORTABLE AND DON'T KNOW WHAT TO DO.

#### DISCUSSION QUESTIONS

- WHY DO YOU THINK YOUR FRIENDS ARE MAKING FUN OF THE BOY?
- WHAT LONG TERM IMPACT MAY THIS HAVE ON THE BOY'S TRANSITION INTO A NEW SCHOOL?
  - How would your friends do if they had to take a test in a New language?
- WHY DO KIDS TEND TO PICK ON OTHER KIDS WHO ARE "DIFFERENT"?
  - WHAT SHOULD YOU DO AS A BYSTANDER?

- · ASK YOUR FRIENDS TO STOP
- · ASK THE BOY IF HE IS OK LOUD ENOUGH FOR YOUR FRIENDS TO HEAR
  - TELL AN ADULT QUIETLY
  - Make a distraction so your friends stop
    - · PERSONAL OPTION





YOU, MARIA AND ELIZA ARE 8TH GRADE STUDENTS WHO LIVE IN THE SAME NEIGHBORHOOD AS AMANDA, A 7TH GRADE STUDENT WHO JUST ARRIVED FROM ANOTHER COUNTRY WHERE THEY DRESS IN TRADITIONAL CLOTHING, WHEN YOU ALL WALK TO SCHOOL TOGETHER, MARIA AND ELIZA SAY MEAN THINGS TO AMANDA ABOUT HER TRADITIONAL CLOTHING BUT SHE LAUGHS IT OFF AND PRETENDS IT DOESN'T BOTHER HER. WHILE YOU DON'T PARTICIPATE IN IT, YOU DON'T SAY ANYTHING TO STOP IT EITHER DESPITE KNOWING IT ISN'T RIGHT. ONE MORNING, YOUR FRIENDS ARE ESPECIALLY MEAN TO AMANDA, EVEN GOING AS FAR AS GRABBING HER TRADITIONAL CLOTHING AND TELLING HER TO TAKE IT OFF SO PEOPLE WOULD BE FRIENDS WITH HER. AMANDA GOT VERY UPSET AND RAN BACK TO HER HOUSE CRYING.

#### DISCUSSION QUESTIONS

• WHY WOULD MARIA AND ELIZA MAKE FUN OF SOMEONE FOR WEARING TRADITIONAL CLOTHING?

- WHY DO YOU THINK AMANDA PRETENDED IT DIDN'T BOTHER HER AT FIRST?
- DO YOU THINK IT WOULD HAVE BEEN EASIER TO SAY SOMETHING BEFORE THE SITUATION ESCALATED?
  - WHAT SHOULD YOU DO AS A BYSTANDER?

- TALK TO MARIA AND ELIZA INDIVIDUALLY ABOUT WHY YOU THINK THEIR BEHAVIOR IS WRONG
  - ASK AMANDA IF SHE WANTS HELP AND IF SO, HOW
- COMPLIMENT AMANDA ON HER TRADITIONAL CLOTHING IN FRONT OF THE OTHER TWO GIRLS
  - ASK AMANDA IF SHE WANTS TO WALK TO SCHOOL WITH YOU BY YOURSELVES
    - · PERSONAL OPTION





You are sitting in the cafeteria with a group of your close friends. You all are playfully making jokes at one another, making fun of each other in a way that seems ok. However, one of your friends appears to cross the line by calling one of the kids a "terrorist" referring to their Muslim religion. Everyone laughs but you can tell that the Muslim friend doesn't think its funny despite smiling. A minute later the Muslim student gets up and says they have to go to the bathroom. As the student walks away, you are the only one to notice that their expression changed and they are actually upset.

#### DISCUSSION QUESTIONS

• HOW CAN YOU TELL WHAT WOULD BE AN APPROPRIATE JOKE VS. INAPPROPRIATE?

• WHAT IS A STEREOTYPE AND HOW ARE MUSLIMS BEING STEREOTYPED IN THIS SCENARIO?

- How are stereotypes harmful?
- CAN STEREOTYPES EVER BE GOOD?
- WHAT SHOULD YOU DO AS A BYSTANDER?

#### INTERVENTION OPTIONS

- TRY AND STOP THE JOKES BEFORE IT GETS TOO PERSONAL
- FOLLOW THE STUDENT TO THE BATHROOM TO LET THEM KNOW YOU DIDN'T THINK THAT WAS RIGHT
- AFTER THE STUDENT LEFT THE TABLE, TELL THE GROUP THEY CROSSED THE LINE AND SHOULD APOLOGIZE
  - BRING EVERYONE TOGETHER TO TALK ABOUT IT





It's the New Basketball season and you're ecstatic to get started. When you arrive at the gym for the first practice you are excited that most of your teammates from last year are back. However there is a new kid, thomas, who moved to your town from Australia and has never played basketball before. Thomas, his really tall and really athletic but not very good at the game. After "Airballing" his first three shots, some of your teammates laugh and even start saying "Airball" with an Australian accent. Thomas laughs uncomfortably at first, but as the practice goes on he seems to be getting really down on himself. After practice is over, Thomas tells the coach he doesn't want to play on the team anymore.

#### DISCUSSION QUESTIONS

· WHY DO YOU THINK THOMAS QUIT?

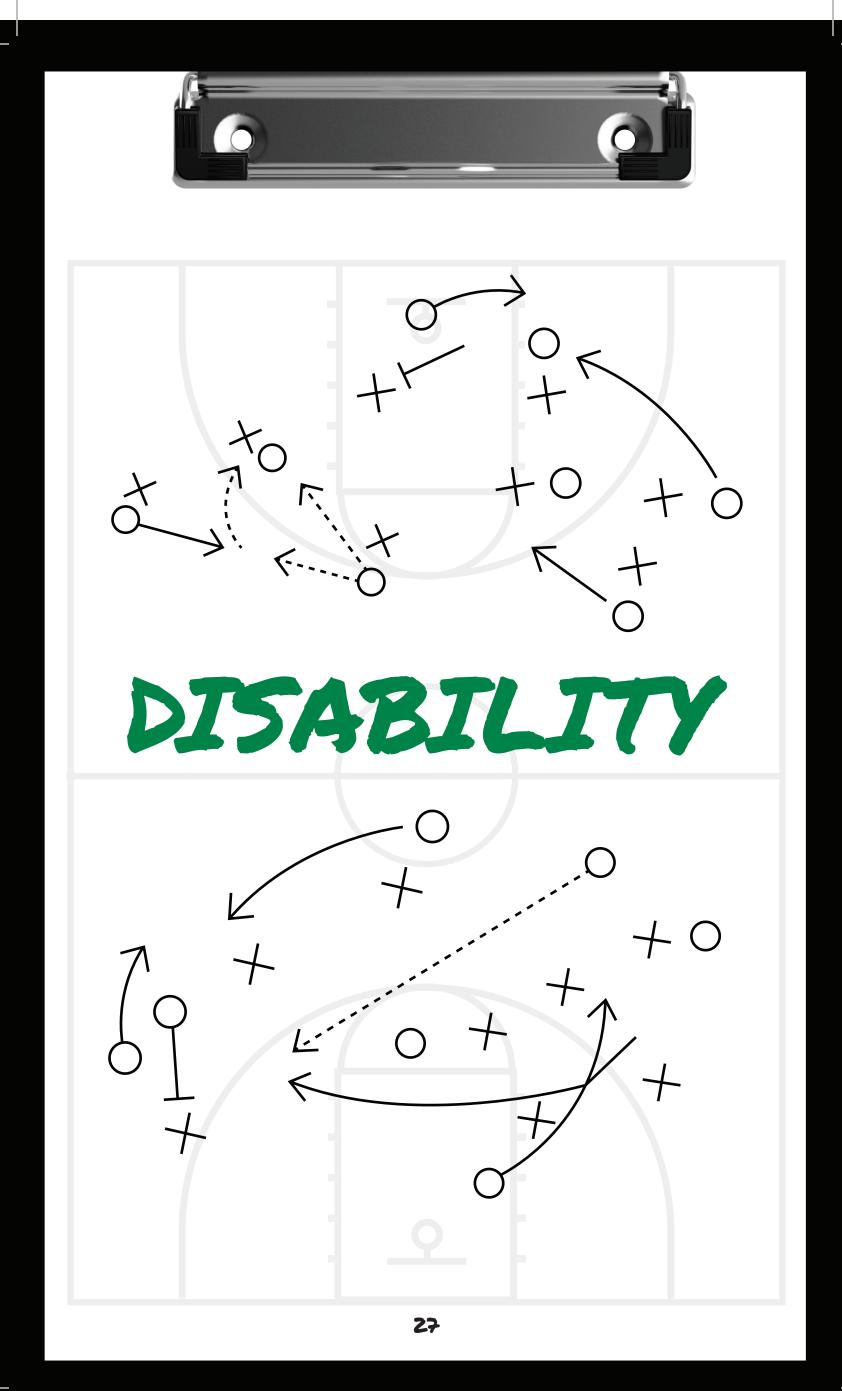
- HOW MIGHT THIS EXPERIENCE IMPACT THOMAS' DESIRE TO BE ON ANOTHER TEAM?
- · HAVE YOU EVER STRUGGLED TO DO SOMETHING THAT WAS NEW?
  - WHY DID YOUR TEAMMATES FEEL THE NEED TO MAKE FUN OF THOMAS?
    - · WHAT SHOULD YOU DO AS A BYSTANDER?

### INTERVENTION OPTIONS

• Tell the coach

- PULL YOUR TEAMMATES ASIDE AND TELL THEM TO BACK OFF
- · TALK TO THOMAS THE NEXT DAY AND INVITE HIM BACK ON THE TEAM
  - · HELP THOMAS WORK ON HIS GAME AFTER SCHOOL
    - · PERSONAL OPTION









ONE DAY WHEN YOU ARE IN CLASS, A NOTE GETS PASSED TO YOU FROM THE STUDENT SITTING ONE ROW BACK. WHEN YOU OPEN THE NOTE, YOU REALIZE IT WAS A PICTURE OF A STUDENT IN YOUR CLASS THAT HAS A PHYSICAL DISABILITY. THE IMAGE APPEARS TO BE MAKING FUN OF THE STUDENT'S DISABILITY AND IT CLEARLY SAYS THE STUDENT'S NAME. THE CLASSMATE THAT SITS NEXT TO YOU HAS THEIR HAND OUT BECAUSE THEY WANT YOU TO PASS THE NOTE ALONG SO THEY CAN SEE WHAT EVERYONE IS LAUGHING ABOUT. AS YOU LOOK AROUND THE ROOM, YOU SEE THE STUDENT WITH THE DISABILITY IN THE BACK OF THE ROOM AND THEY LOOK LIKE THEY WANT TO KNOW WHAT EVERYONE IS LAUGHING ABOUT AS WELL.

#### DISCUSSION QUESTIONS

• WHY DO YOU THINK ONE OF YOUR CLASSMATES DREW THE PICTURE?

- WHY DID YOUR CLASSMATES PASS THE PICTURE ALONG?
- WHERE MIGHT SOMEONE LEARN THAT IT IS OK TO MAKE FUN OF PEOPLE WITH DISABILITIES?
- DO YOU THINK EVERYONE THAT SAW THE NOTE ACTUALLY THINKS THE PICTURE IS FUNNY?
  - WHAT SHOULD YOU DO AS A BYSTANDER?

#### INTERVENTION OPTIONS

#### TEAR THE NOTE UP AND THROW IT AWAY

- FIND OUT WHO DREW THE PICTURE AND TALK TO THEM
- BE OVERLY NICE TO THE STUDENT WITH THE DISABILITY SO THEY KNOW YOU CARE ABOUT THEM
  - TELL AN ADULT
  - · PERSONAL OPTION





WHILE WALKING TO YOUR NEXT CLASS, YOU AND YOUR FRIENDS PASS A CLASSROOM OF SPECIAL NEEDS STUDENTS. AS YOU WALK BY, YOU HEAR NOISES THAT SOUND LIKE SQUEAKING AND MOANING COMING FROM ONE OF THE STUDENTS. YOUR FRIENDS START TO LAUGH AND IMITATE THE SOUNDS AND THE WAY THAT THE SPECIAL NEEDS STUDENT WAS COMMUNICATING. YOU BECOME REALLY UNCOMFORTABLE AS YOUR NEIGHBOR'S BROTHER IS IN THE CLASS AND YOU KNOW HOW HARMFUL COMMENTS LIKE THAT CAN BE. YOU WANT TO TELL THEM TO STOP BUT THESE PEOPLE ARE YOUR FRIENDS AND YOU ARE WORRIED THEY MIGHT START MAKING FUN OF YOU.

#### DISCUSSION QUESTIONS

• WHAT MIGHT BE GOING THROUGH YOUR FRIEND'S MIND THAT WOULD MAKE THEM DO THE IMITATION?

- HOW WOULD YOU FEEL IF YOU WERE THE ONE BEING MADE FUN OF?
- HOW WOULD YOU FEEL IF SOMEONE YOU LOVED OR CARED ABOUT HAD A DISABILITY AND WAS BEING MADE FUN OF IN THIS WAY?
- DO YOU THINK YOUR FRIENDS WOULD MAKE FUN OF YOU IF YOU TOLD THEM TO STOP?
  - WHAT SHOULD YOU DO AS A BYSTANDER?

#### INTERVENTION OPTIONS

- · TELL YOUR FRIENDS TO STOP RIGHT AWAY
- WAIT UNTIL LATER AND TALK TO YOUR FRIENDS ONE-ON-ONE
  - TELL THE SPECIAL NEEDS TEACHER OR ANOTHER ADULT
  - · CHANGE THE SUBJECT QUICKLY SO YOUR FRIENDS STOP





Your school is playing a basketball game against a school for kids that are deaf. Your team is losing at halftime and one of your teammates says "I cant believe we are losing to these kids, they cant even hear". A few of your teammates agree but most of them are as uncomfortable with the comment as you are. In fact, you know that the cousin of one of your teammates goes to that school because she is deaf, although she isn't on the basketball team. Unfortunately nobody is saying anything about it though. The coach comes into the huddle and starts to talk about what the team needs to do better in the second half.

#### DISCUSSION QUESTIONS

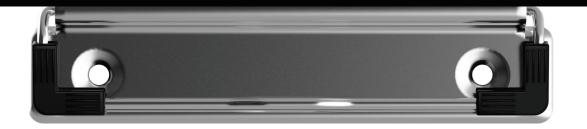
• CAN DEAF PEOPLE BE AS GOOD AT SPORTS AS PEOPLE THAT CAN HEAR?

• DO YOU THINK THE TEAMMATE THAT MADE THE COMMENT WOULD HAVE SAID THE SAME THING IF THEY HAD A FAMILY MEMBER OR FRIEND THAT WAS DEAF?

- IS THERE A DIFFERENCE BETWEEN DISCRIMINATING AGAINST PEOPLE WHO ARE DEAF VS. BASED ON SOMEONE'S RACE?
  - WHAT OTHER FACTORS MAY HAVE LED TO THAT COMMENT?
    - · WHAT SHOULD YOU DO AS A BYSTANDER?

#### INTERVENTION OPTIONS

- TELL THE COACH AFTER THE GAME
- TALK TO THE TEAMMATE THAT MADE THE COMMENT
- · ASK OTHER TEAMMATES IF THEY WERE OFFENDED TOO
- ASK THE COACH TO BRING IN A GUEST SPEAKER TO PRACTICE THAT HAS A DISABILITY





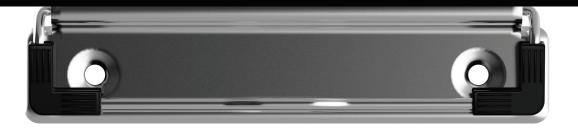
SHAWN IS A NEW STUDENT WHO MOVED FROM ANOTHER TOWN TO YOUR COMMUNITY AND SCHOOL. YOU NOTICE THAT SHAWN SEEMS TO WALK WITH A LITTLE LIMP. YOU ALSO NOTICE THAT SHAWN APPEARS TO BE VERY OVERWEIGHT, TO THE POINT WHERE SHAWN HAS A HARD TIME WALKING AND MOVING AROUND. YOU DECIDE TO SIT AND EAT LUNCH WITH SHAWN WHEN YOU LEARN THAT SHAWN MOVED TOWNS BECAUSE OF BULLYING, YOU FEEL AWFUL ABOUT HOW SHAWN WAS TREATED IN THE LAST SCHOOL. YOU KNOW THAT AT TIMES SOME OF YOUR FRIENDS MAKE COMMENTS ABOUT STUDENTS THAT ARE OVERWEIGHT BUT IT DIDN'T QUITE HIT YOU HOW HARMFUL IT CAN BE UNTIL YOU HEAR SHAWN'S STORY.

#### DISCUSSION QUESTIONS

- WHY DID YOUR OUTLOOK CHANGE ONLY AFTER MEETING SHAWN?
- IS IT POSSIBLE YOUR FRIENDS COULD SAY SOMETHING TO MAKE SHAWN FEEL ASHAMED?
- COULD BULLYING BE THAT BAD WHERE A FAMILY MIGHT MOVE?
- WHY WOULD SOMEONE FEEL THE NEED TO MAKE FUN OF SOMEONE'S APPEARANCE?
  - WHAT SHOULD YOU DO AS A BYSTANDER?

#### INTERVENTION OPTIONS

- · ASK SHAWN TO TELL YOU IF ANY STUDENTS START BULLYING
- · ASK SHAWN FOR SUGGESTIONS ON WHAT TO DO TO STOP BULLYING
  - TELL YOUR FRIENDS SHAWN'S STORY AND ASK THEM TO BE NICE
- SPEND AS MUCH TIME AS POSSIBLE WITH SHAWN SO YOUR FRIENDS AND EVERYONE ELSE KNOWS YOU LIKE SHAWN





YOU NOTICE THAT A STUDENT IN YOUR MATH CLASS, CAMERON, REALLY STRUGGLES WITH THE DAILY LESSONS, HOMEWORK AND TESTS. THEY JUST DON'T SEEM TO GET IT. A FEW WEEKS LATER, DURING A TEST, YOU NOTICE THAT IT APPEARS THE TEACHER HAS LET CAMERON BRING A "CHEAT SHEET" TO THE TEST AND CAMERON IS ALLOWED TO TAKE THE TEST FOR LONGER THAN THE OTHER STUDENTS. AT LUNCH, A STUDENT YOU KNOW WALKS BY AND TELLS CAMERON "YOU'RE TOO STUPID TO TAKE THE TEST WITHOUT A CHEAT SHEET". YOU GO OVER TO CAMERON AND ASK WHAT ALL OF THAT WAS ABOUT AND CAMERON TELLS YOU ABOUT A LEARNING DISABILITY AND THAT THE A DOCTOR SUGGESTED TO USE A CHEAT SHEET AND TAKE EXTRA TIME AND THE TEACHER ALLOWED IT. CAMERON MENTIONED THAT THE TEST WAS MUCH BETTER THIS WAY.

#### DISCUSSION QUESTIONS

• DO YOU THINK CAMERON SHOULD HAVE BEEN ALLOWED TO USE A CHEAT SHEET AND EXTRA TIME?

• WHAT IMPACT WOULD CAMERON'S NEW STRATEGY HAVE ON CLASSMATES IF AT ALL?

- WHAT LONG-TERM EFFECTS DO YOU THINK THIS COULD HAVE ON CAMERON?
- DO YOU THINK IT WILL BE HARD FOR CAMERON TO GO BACK TO THAT CLASS?
  - · WHAT SHOULD YOU DO AS A BYSTANDER?

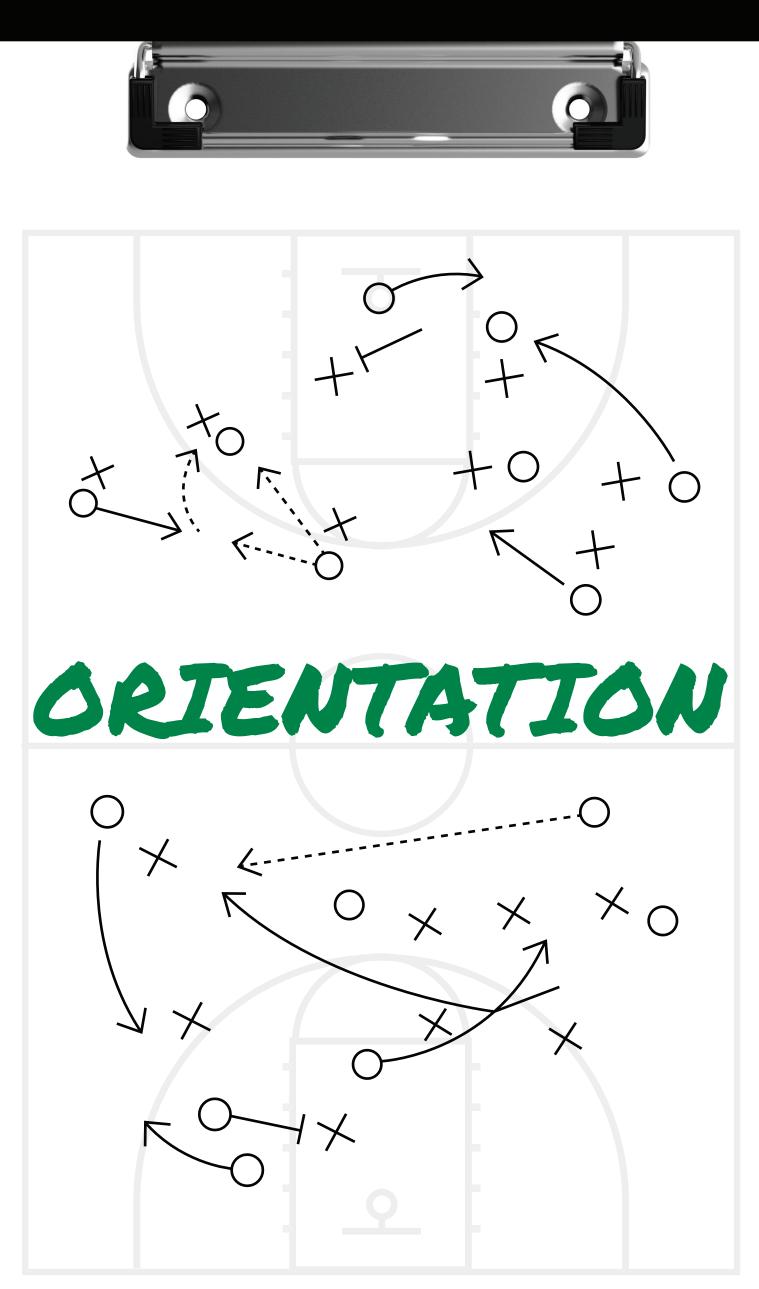
#### INTERVENTION OPTIONS

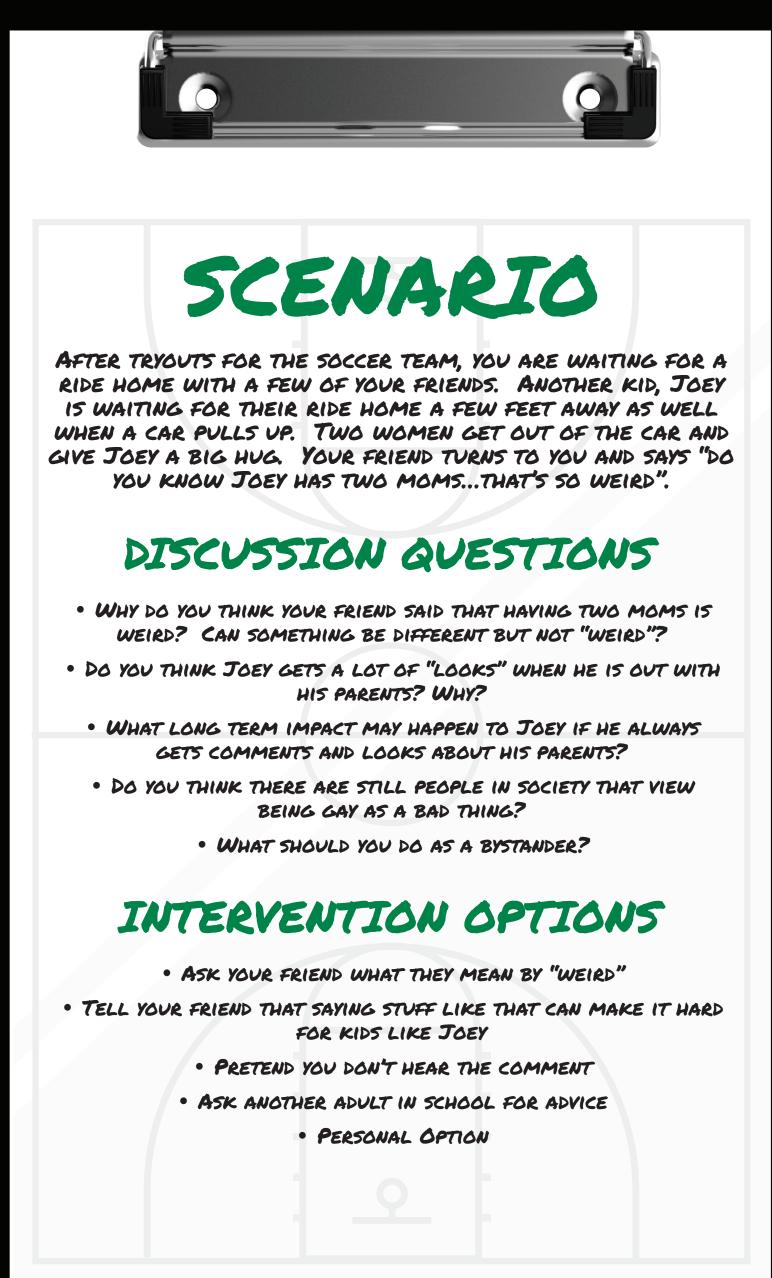
· APOLOGIZE TO CAMERON ON BEHALF OF THE OTHER STUDENT

• TELL YOUR TEACHER

- EXPLAIN TO THE STUDENT THAT THEIR COMMENTS WERE REALLY MEAN AND NOT OK
  - · GET SOME FRIENDS TOGETHER AND CHEER CAMERON UP











AFTER SCHOOL ONE FRIDAY AFTERNOON, MY FRIENDS AND I AND A GROUP OF GIRLS FROM SCHOOL WERE AT THE GYM DOING EXER-CISES AND WORKING OUT. MY FRIENDS AND I HAVE DONE THESE EXERCISES BEFORE SO IT COMES EASY TO US. BUT ONE OF MY FRIENDS IS HAVING AN ESPECIALLY DIFFICULT TIME BECAUSE HE IS PRETTY OUT OF SHAPE. ONE OF MY FRIENDS STARTED POINTING AND LAUGHING AT HIM, MAKING RUDE COMMENTS ABOUT HIS WEIGHT TO THE GIRLS AND EVEN CALLING HIM "GAY". THE BOY WHO WAS BEING MADE FUN OF WAS EMBARRASSED AND STORMED OFF INTO THE LOCKER ROOM.

#### DISCUSSION QUESTIONS

- WHAT MADE THE BOY SO UPSET?
- WHY WOULD SOMEONE CHOOSE THE WORD "GAY" AS AN INSULT IN THIS SITUATION?
  - WHAT DO YOU THINK YOUR FRIEND MEANT BY USING THE WORD "GAY"?
    - DO YOU HEAR LANGUAGE LIKE THIS USED A LOT?
      - WHAT SHOULD YOU DO AS A BYSTANDER?

- TELL YOUR FRIENDS TO STOP
- TAKE THE PRESSURE OFF THE BOY BY MESSING UP THE EXERCISES YOURSELF
- ASK YOUR FRIENDS TO TRY AN EXERCISE THEY AREN'T GOOD AT
- BEFORE IT GETS TOO BAD, ASK THE BOY TO GO GET A DRINK OF WATER WITH YOU
  - · PERSONAL OPTION





YOUR SCHOOL'S SOFTBALL TEAM IS PLAYING IN THE CHAMPIONSHIP GAME AGAINST A RIVAL SCHOOL AND YOU DECIDE TO GO WATCH. IN THE LAST INNING, THE OTHER TEAM HITS A HOMERUN TO WIN THE GAME AND THEIR PLAYERS AND FANS GO CRAZY IN CELEBRATION. YOU GO OVER TO THE PLAYERS FROM YOUR SCHOOL A LITTLE WHILE LATER TO TELL THEM THEY PLAYED A GOOD SEASON WHEN ONE OF THE PLAYERS SAYS "THE GIRLS ON THE OTHER TEAM WERE BASICALLY BOYS...NO WONDER WHY WE LOST" AND THROWS HER GLOVE ON THE GROUND.

### DISCUSSION QUESTIONS

• WHY IS YOUR CLASSMATE SAYING THAT THE GIRLS ON THE OTHER TEAM ARE BASICALLY "BOYS"?

- · WAS THE COMMENT MEANT TO BE AN INSULT?
- WHAT STEREOTYPES EXIST ABOUT FEMALE ATHLETES AND HOW ARE THOSE STEREOTYPES HARMFUL?
  - Would the other team be offended by those comments of They heard them?
    - WHAT SHOULD YOU DO AS A BYSTANDER?

- TELL THE PLAYER TO STOP IMMEDIATELY
- WAIT UNTIL THE PLAYER COOLS OFF THEN ASK THEM IF THEY MEANT TO INSULT THE OTHER TEAM LIKE THAT
  - ASK FRIENDS OR MEMBERS OF THE TEAM IF THEY HEARD THE COMMENT
    - Tell the coach
    - · PERSONAL OPTION





ONE DAY, YOU ARE WALKING ACROSS THE STREET BY YOURSELF WHEN YOU SEE A FEW KIDS WHO LOOK YOUNGER THAN YOU YELLING DOWN THE BLOCK TO A BOY WHO WAS WEARING A PINK SHIRT. AT FIRST IT IS HARD TO UNDERSTAND WHAT WAS HAPPENING, BUT AS YOU GET CLOSER YOU REALIZE THE KIDS ARE CALLING THE BOY "GAY", "HOMO" AND OTHER SLURS ABOUT SOMEONE'S SEXUAL ORIENTATION. THE BOY LOOKS SCARED AND QUICKLY RUNS AWAY AS THE KIDS LAUGH.

### DISCUSSION QUESTIONS

- . WHAT MADE THE KIDS THINK THE BOY WAS GAY?
- WHY DO YOU THINK THE KIDS THINK BEING GAY IS BAD?
- HOW WOULD YOU FEEL IF THIS HAPPENED TO A FAMILY MEMBER OF YOURS?

• DO YOU THINK PEOPLE THAT DRESS THIS WAY OR ARE GAY HAVE TO DEAL WITH THIS TYPE OF THING A LOT?

• WHAT SHOULD YOU DO AS A BYSTANDER?

#### INTERVENTION OPTIONS

#### · CALL THE POLICE

· CONFRONT THE KIDS

• TALK TO AN ADULT ABOUT HOW TO HELP SUPPORT THE GAY COMMUNITY

• TAKE A VIDEO RECORDING OR PICTURE OF THE KIDS SO YOU KNOW WHAT THEY LOOK LIKE





YOU AND SOME FRIENDS ARE AT THE MALL AND DECIDE TO GO INTO THE SNEAKER SHOP. ONE OF YOUR FRIENDS HOLDS UP A PAIR OF SNEAKERS AND ASKS WHAT YOU ALL THINK. YOUR OTHER FRIENDS SAY "THOSE ARE GAY, DON'T BUY THEM". YOUR FRIEND PUTS THEM DOWN QUICKLY AND SAYS, "YEA YOU'RE RIGHT". YOU ARE UNCOMFORTABLE BECAUSE YOUR FRIENDS USE THE WORD "GAY" IN PLACE OF "UGLY, STUPID, BAD" ETC. ALL OF THE TIME. ONE OF YOUR COUSINS HAS TOLD YOU THAT THEY ARE "GAY" AND THAT WHEN THEY HEAR PEOPLE USE THOSE TYPES OF WORDS IT MAKES THEM DEPRESSED AND SHAMEFUL.

#### DISCUSSION QUESTIONS

• WHY DO PEOPLE USE THE WORD "GAY" IN PLACE OF "UGLY, STUPID OR BAD"?

- WHAT LONG TERM IMPACT MIGHT HEARING THE WORD "GAY" USED IN PLACE OF THOSE OTHER WORDS HAVE ON SOMEONE WHO IS GAY?
- IS IT MORE SOCIALLY ACCEPTABLE TO USE GAY SLURS THAN OTHER RACIAL OR ETHNIC SLURS? WHY OR WHY NOT?
  - DO YOU THINK YOUR FRIENDS UNDERSTAND THE POWER OF THEIR WORDS?
    - WHAT SHOULD YOU DO AS A BYSTANDER?

#### INTERVENTION OPTIONS

- TELL YOUR FRIENDS THAT THEY SHOULD USE A DIFFERENT WORD
  - ASK THEM WHAT THEY MEAN BY "GAY"
  - ON ANOTHER DAY, TELL THEM ABOUT YOUR COUSIN
  - · ASK YOUR COUSIN WHAT YOU SHOULD DO WHEN YOU HEAR IT



# A SPECIAL THANK YOU TO:

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